



Town of South Bethany Calendar of Events

Celebrating 50 Years 1969—2019

50 Year Anniversary Celebration

for the Incorporation of the Town of South Bethany
Town Hall Parking Lot

Sunday, June 30, from 1:00 p.m. to 4:00 p.m.

- Free Food & Drinks
- Live steel drum music
- Face painting & make and take crafts
- Claw machine with stuffed animals and toys
- Cornhole Tournament at 1:30 p.m. (Come and cheer!)
- Fitness area demonstration at 1:15 p.m.
- Informational kiosks
- Gifts, prizes, and fun for all

Due to limited parking, we encourage you to bike or walk.

Yoga on the Beach

S. 3rd St. and the Beach at 8 a.m.

May Classes: Sunday, May 26 & Monday, May 27

Beginning June 9: Sunday through Thursday at 8 a.m.

Special Classes for Sound Meditation & Gentle Yoga Flow

S. 3rd St. and the Beach at 7 p.m.

Sunday June 16, Tuesday, July 16, and Thursday, August 15

Yoga along with singing bowls for a Sound Meditation

Instructor: Debbie Finger

Donation for a Fee

Boot Camp on the Beach

N. 6th St. and the Beach from 7:30 a.m. to 8:30 a.m.

Saturdays May 25 to September 14

Tuesdays June 18 to August 27

Holiday Master Boot Camp on the Beach

N. 6th St. and the Beach from 7:30 a.m. to 8:30 a.m.

Saturday, May 25 (Memorial Day Weekend)

Thursday, July 4

Monday, September 2 (Labor Day)

Instructors: Mel and Kim Royster

Fee: \$10 per person per class

Fitness Area Fitness Class

Located Adjacent to Town Hall

Every Friday

Fridays in May at 8 a.m.

Fridays in June - September at 7:30 a.m.

Instructors: Mel and Kim Royster

Fee: \$10 Per Person Per Class

Junior Lifeguard Program (Jr Guards)

Ages 9-15 Sign Up at Town Hall (Limited Class Size)

Begins July 2: Tuesdays and Thursdays at 10:30 a.m.

S. 2nd St. and the Beach (Lifeguard Shack)

FREE Movie Night S. 3rd Street and the Beach

July 11 at 8:15 p.m. (Rain Date August 8)

Disney's *Mary Poppins Returns*

Bring your blankets, lawn chairs, & flashlights. All are welcome.

SBPOA Boat Parade - June 29 at 5

See signs on Parade Day for map. Viewing locations are at the canal ends or view from your dock.

July 4th Fireworks at Dusk

Watch the Bethany Beach fireworks from our beach at dusk.

Fall Picnic

September 14
On the Beach

MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
19	20	21	22	23	24 Fitness Area Fitness Class 8 am	25 Boot Camp 730 am
26 Yoga 8 am	27 Yoga 8 am	28	29	30	31 Fitness Area Fitness Class 8 am	



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JUNE 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Boot Camp 730 am
2	3	4	5	6	7 Fitness Area Fitness Class 730 am	8 Boot Camp 730 am
9 Yoga 8 am	10 Yoga 8 am	11 Yoga 8 am	12 Yoga 8 am	13 Yoga 8 am	14 Fitness Area Fitness Class 730 am	15 Boot Camp 730 am
16 Yoga 8 am Gentle Yoga Flow 7 pm	17 Yoga 8 am	18 Boot Camp 730 am Yoga 8 am	19 Yoga 8 am	20 Yoga 8 am	21 Fitness Area Fitness Class 730 am	22 Boot Camp 730 am
23 Yoga 8 am	24 Yoga 8 am	25 Boot Camp 730 am Yoga 8 am	26 Yoga 8 am	27 Yoga 8 am	28 Fitness Area Fitness Class 730 am	29 Boot Camp 730 am SBPOA Boat Parade
30 Yoga 8 am 50th Anniversary Celebration 1-4 pm						



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JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Yoga 8 am	2 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	3 Yoga 8 am	4 Yoga 8 am Jr Guards 1030 am Watch BB Fireworks from the beach at dusk	5 Fitness Area Fitness Class 730 am	6 Boot Camp 730 am
7 Yoga 8 am	8 Yoga 8 am	9 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	10 Yoga 8 am	11 Yoga 8 am Jr Guards 1030 am FREE MOVIE on beach 8:15 pm	12 Fitness Area Fitness Class 730 am	13 Boot Camp 730 am
14 Yoga 8 am	15 Yoga 8 am	16 Boot Camp 730 am Yoga 8 am Gentle Yoga Flow 7 pm Jr Guards 1030 am	17 Yoga 8 am	18 Yoga 8 am Jr Guards 1030 am	19 Fitness Area Fitness Class 730 am	20 Boot Camp 730 am
21 Yoga 8 am	22 Yoga 8 am	23 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	24 Yoga 8 am	25 Yoga 8 am Jr Guards 1030 am	26 Fitness Area Fitness Class 730 am	27 Boot Camp 730 am
28 Yoga 8 am	29 Yoga 8 am	30 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	31 Yoga 8 am			



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AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Yoga 8 am Jr Guards 1030 am	2 Fitness Area Fitness Class 730 am	3 Boot Camp 730 am
4 Yoga 8 am	5 Yoga 8 am	6 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	7 Yoga 8 am	8 Yoga 8 am Jr Guards 1030 am Rain Date Free Movie on Beach	9 Fitness Area Fitness Class 730 am	10 Boot Camp 730 am
11 Yoga 8 am	12 Yoga 8 am	13 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	14 Yoga 8 am	15 Yoga 8 am Gentle Yoga Flow 7 pm Jr Guards 1030 am	16 Fitness Area Fitness Class 730 am	17 Boot Camp 730 am
18 Yoga 8 am	19 Yoga 8 am	20 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	21 Yoga 8 am	22 Yoga 8 am Jr Guards 1030 am	23 Fitness Area Fitness Class 730 am	24 Boot Camp 730 am
25 Yoga 8 am	26 Yoga 8 am	27 Boot Camp 730 am Yoga 8 am	28 Yoga 8 am	29 Yoga 8 am	30 Fitness Area Fitness Class 730 am	31 Boot Camp 730 am

SEPTEMBER 2019

1 Yoga 8 am	2 Boot Camp 730 am Yoga 8 am	3 Yoga 8 am	4 Yoga 8 am	5 Yoga 8 am	6 Fitness Area Fitness Class 730 am	7 Boot Camp 730 am
8 Yoga 8 am	9 Yoga 8 am	10 Yoga 8 am	11 Yoga 8 am	12 Yoga 8 am	13 Fitness Area Fitness Class 730 am	14 Boot Camp 730 am Fall Picnic on the beach